



The Saint Stephen Parish Substance Abuse Ministry (SAM) is open to anyone interested. Our monthly meeting is at 7:00 p.m. every third Monday of the month, in the basement of the Parish Center. All are welcome.

For further information on our SAM Team Meetings please contact Renee Eppig
mandreppig@hotmail.com

updated July 23, 2013



<http://www.ststephenbradshaw.org/sam.htm>

Please Consider These Websites....

For Parents....

- www.notmykid.org
- www.bblocks.samhsa.gov
- www.drugfree.org
- www.findtreatment.samhsa.gov
- www.sober.com
- www.hbo.com/addiction

National Institute on Drug Abuse
www.nida.nih.gov

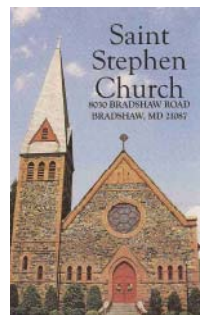
National Institute on Alcohol Abuse and Alcoholism (NIAAA) www.niaaa.nih.gov

For Kids and Teens....

- www.abovetheinfluence.org
- www.checkyourself.org
- www.justthinktwice.com
- www.sadd.org
- www.toosmartostart.samhsa.gov/Start.aspx
- www.throughwithchew.com
- www.bethecatalyst.org

For College Students....

www.collegedrinkingprevention.gov



**8030 Bradshaw Road
 Kingsville, MD 21087
 (Bradshaw)
 (410) 592-7071**

<http://www.ststephenbradshaw.org/sam.htm>



F	A	I	T	H
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Prayer of Saint Francis of Assisi

Lord, make me an instrument of your peace.
 Where there is hatred, let me sow love;
 where there is injury, pardon;
 where there is doubt, faith;
 where there is despair, hope;
 where there is darkness, light;
 and where there is sadness, joy.

O Divine Master, grant that I may not so much
 seek to be consoled as to console;
 to be understood as to understand;
 to be loved as to love.
 For it is in giving that we receive;
 it is in pardoning that we are pardoned;
 and it is in dying that we are born to eternal life.
 Amen

MISSION STATEMENT:

The Saint Stephen Parish Substance Abuse Ministry works to educate, support and advocate in a faith-filled manner, the needs of the community who are affected directly or indirectly by substance abuse.

Our ministry was created in 2010, based on the input received from a congregation-wide survey.

Our program is part of a national effort underway in more than 350 places of worship in 21 states.

Addiction is a destructive relationship with a substance, activity or person.

Recovery is a life-long journey and not a quick fix, requiring - with God's help - a strong personal commitment and daily effort.

Prevention is an active process that creates and rewards conditions that lead to healthy behaviors and lifestyles.

The Serenity Prayer

God grant me the serenity to accept the things I cannot change; courage to change the things I can; and wisdom to know the difference.

Living one day at a time; Enjoying one moment at a time; Accepting hardships as the pathway to peace; Taking, as He did, this sinful world as it is, not as I would have it; Trusting that He will make all things right if I surrender to His Will; That I may be reasonably happy in this life and supremely happy with Him Forever in the next. Amen.

-Reinhold Niebuhr

Our Substance Abuse Ministry Team

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Richard Dunnigan
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Hannah Riegler
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Patrick McCracken
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Carol Sadowski

Please join us 7:00 p.m. every third Monday of the month, in the basement of the Parish Center

<http://www.ststephenbradshaw.org/sam.htm>

Helpful Resources

Alcoholics Anonymous (AA)
www.aa.org 1-800-570-4150

Narcotics Anonymous (NA)
www.na.org 1-800-317-3222

Families Anonymous Meeting
every Monday at 7:00 p.m.
Location: Saint Margaret, Bel Air, MD
Lsig1@comcast.net (443) 243-9341

Nar Anon meeting every Friday at 7:00 p.m.
Emmanuel Episcopal Church, Bel Air, MD
<http://nar-anon.org/naranon/>

Al Anon & Alateen
www.al-anon.alateen.org
1-800-836-6209

Maryland Community Services Locator
www.mdcs.org 1-301-405-9796

Addiction Connections Resources, Inc.
www.acr-helps.org
443-417-6406

Harford County Health Department
Addiction Services
www.harfordcountyhealth.com/?p=34
410-638-3076

Harford County -- Mobile Crisis Team
410-638-5248

National Catholic Council on Alcoholism
www.nccatoday.org
1-800-626-6910 ext 1200

Alcohol Drug SOS Services, LLC
www.alcoholdrugsos.com 443-610-3569